## **FotoFinder Skin Checks**

#### Have you noticed a change in the look of your skin?

# While skin cancer is almost entirely preventable, early detection is important.

Did you know that non-melanoma skin cancer is the most common cancer in the world? It affects two out of every three Australians by the age of 70. Being sun smart along with early detection is the best protection against skin cancer.

If you have a mole that is worrying you or you've noticed any of the following changes, it's important to have it checked by a doctor as soon as possible.

#### Are you a high-risk patient?

If you can answer "YES" to any of these questions, please contact us to make an appointment.

- Did you get sunburn as a child or adolescent?
- Are you exposed to strong sunlight or UV rays at regular intervals?
- Do you have fair skin that is sensitive to sunlight?
- Do you have a particularly large number of moles?
- Do you have large congenital nevi (birthmark mole)?
- Do you have atypical moles\* or moles that have recently changed or become itchy?
- Is there a history of skin cancer in your family?
- Have you had skin cancer?

\* Unusual-looking moles with irregular and ill-defined boarders with variegated colours usually of brown and tan tones.

Even if you feel you skin is healthy, we recommend seeing a doctor for a skin check at least once a year, especially if you spend time in the sun for work or leisure.

At Urangan Medical Centre, we have doctors with significant experience in the early detection and management of all types of skin cancer.

## Introducing FotoFinder

Urangan Medical Centre is proud to announce its new partnership with FotoFinder, a computerised automated total body mapping system which analyses your body to see changes in existing moles and identify new lesions.

The high-tech FotoFinder imaging system, combined with a Dermoscopy skin check with one of our qualified GPs, provides a two-step comprehensive digital assessment where images are compared allowing the diagnosis of every change at the earliest possible stage. Monitoring the entire skin along with individual suspicious moles provides optimal skin care and supports the fight against skin cancer for the long-term.

With the addition of the FotoFinder imaging system, we now offer complete skincare cover from a detailed twostep skin assessment to treatment right here in one location.



## What is FotoFinder?



FotoFinder is an automated total body mapping imaging system. It provides health professionals with a global view of your skin using high-resolution imaging supported by artificial intelligence. The advantage of the digitally assisted FotoFinder procedure allows the mapping of all moles and lesions during regular check-ups.

The FotoFinder system takes images of your body systematically – from head to toe – within a few minutes. This creates a total body map of your moles and lesions. From this map, health professionals can identify new or changed lesions instantly with the powerful FotoFinder artificial intelligence. Every visit, new images can be compared to past sessions allowing the diagnosis of every change at the earliest possible stage.

For optimal skin care, it is important to monitor the entire skin with FotoFinder, in addition to individual moles via a Dermoscopy.

## What is Dermoscopy?

A Dermoscopy is the examination of individual suspicious moles and lesions with a handheld camera called a Dermatoscope. The Dermatoscope allows your doctor to take enlarged images of individual moles and lesions at 400x zoom. Through the enlarged images, your doctor can closely inspect the patterns and structures of suspicious moles and lesions helping to identify skin cancers at the earliest possible stage. Similar to the FotoFinder, the digital storage of your skin images enables an objective comparison of previous and current skin findings during regular skin assessments.

## Skin Assessment

Some lesions are found on areas that are not usually exposed to the sun, therefore the FotoFinder and Dermoscopy skin assessment involves checking from your head to the soles of your feet. For this reason you will be required to be in your underwear during the assessment.

You may wish to have a family member with you during the FotoFinder imaging or Dermoscopy skin check. We allow one family member to accompany you if requested. Unfortunately, children are not permitted during the FotoFinder imaging or Dermoscopy skin check and we ask that another adult accompany them in our practice waiting room if they are brought to appointments.

The FotoFinder system enables us to take high-resolution computerised images of lesions to enable accurate assessment. Please note, the FotoFinder may not capture all lesions on your body, and it is advisable to alert your doctor to any lesions that concern you.

Your doctor will ask if you have any concerns regarding lesions beneath your underwear and may wish to examine those areas. Please note, images are not taken of these areas during the FotoFinder assessment.

### Preparation for your appointment

- Please wear plain skin or neutral coloured underwear (avoid black/blue), including bras (avoid prints/lace). Avoid wearing boxer shorts as the leg length may obscure skin. Underwear with writing on the band is acceptable.
- Please remove all watches and jewellery, including piercings.
- Please remove all make-up, moisturising lotion, nail polish, fake tan and false eyelashes prior to your appointment.
- It is preferable to remove fake nails.
- Please tie long hair back off your face and neck with a hair tie and remove clips and removable hair extensions.